



# Allergy and Asthma of Illinois, SC

6615 N. Big Hollow Rd. • Peoria, Illinois 61615 • (309) 691-5200 • Fax (309) 691-5201

SPECIALIZING IN  
ASTHMA, HAYFEVER,  
IMMUNOLOGY & OTHER  
ALLERGIC DISEASES

CHILDREN & ADULTS

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**Stephen J. Smart, MD**

*Diplomate:*

American Board of Allergy  
and Immunology

American Board of Internal  
Medicine

*Fellow:*

American College of  
Physicians

American Academy of Allergy  
Asthma and Immunology

American College of Allergy,  
Asthma and Immunology

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**Penelope Ewbank, MD**

*Diplomate:*

American Board of Allergy  
and Immunology

American Board of Internal  
Medicine

## Name of Antihistamines and / or Antihistamines/Decongestants

<u>NAME</u>	<u>WITHHOLD FOR</u>
<u>Alavert</u>	<u>5 days</u>
<u>Allegra and / or Allegra D</u>	<u>7 days</u>
<u>Astepro</u>	<u>3 days</u>
<u>Astelin (azelastine)</u>	<u>3 days</u>
<u>Atarax (hydroxyzine)</u>	<u>3 days</u>
<u>Benadryl (diphenhydramine)</u>	<u>2 days</u>
<u>Cetirizine</u>	<u>7 days</u>
<u>Chlor-Trimeton (chlorpheniramine)</u>	<u>2 days</u>
<u>Claritin and /or Claritin D</u>	<u>5 days</u>
<u>Clarinex (desloratadine)</u>	<u>7 days</u>
<u>Cyproheptadine (Periactin)</u>	<u>3 days</u>
<u>Deconamine</u>	<u>2 days</u>
<u>Dimetapp (brompheniramine)</u>	<u>3 days</u>
<u>Doxepin</u>	<u>7 days</u>
<u>Extendryl</u>	<u>2 days</u>
<u>Fexofenadine</u>	<u>7 days</u>
<u>Loratadine</u>	<u>5 days</u>
<u>Meclizine (Antivert)</u>	<u>3 days</u>
<u>Patanase</u>	<u>3 days</u>
<u>Rondec</u>	<u>2 days</u>
<u>Rynatan</u>	<u>2 days</u>
<u>Rynatuss</u>	<u>2 days</u>
<u>Tavist or Tavist D (clemestine)</u>	<u>2 days</u>
<u>Xyzal (levocetirizine)</u>	<u>7 days</u>
<u>Zyrtec</u>	<u>7 days</u>
<u>Any over-the-counter with "P.M." label</u>	<u>2 days</u>
<u>Any over-the-counter antihistamines (except as noted above)</u>	<u>2 days</u>
<u>Some antidepressants (amitriptyline &amp; related drugs)</u>	<u>7 days</u>

If patch testing, patient cannot be on Prednisone